CARERS RIGHTS DAY 2026

Accessibility Spotlight & Awareness Training

Make your session easier to join

A short accessibility check for clubs, venues and community organisers who welcome unpaid carers and the people they support.

Publish practical details before booking

Describe the route from arrival to the activity space, including any steps, toilets and seating. State session length, price, what a companion place costs and who can answer access questions. Describe specific features people can check against their own needs.

Give people choices on the day

Where practical, offer a seat, a break, a chance to observe and an easy way to leave and rejoin. Speak directly to the person taking part. Ask each person what would help and check before stepping in.

Use this in a ten-minute staff briefing

Ask one person to read the booking page as a first-time visitor and another to walk the arrival route. Compare what each learned. Choose one gap to fix, agree who will own it and set a date to check that the change works.

WORDS YOU CAN USE

“I’m coming with someone who may need to sit down or take a break. Where can we do that, and can we rejoin the session afterwards?”

WHERE TO GO NEXT

Activity Alliance · Access for All

Activity Alliance · Inclusive communications